Winter MapRun Series 2026/27 – Event Details

Rhiwbina – Wednesday 24th November 2026

Location	Registration and start is from **The Butchers Arms**, 22 Heol y felin, Rhiwbina, Cardiff, CF14 6NB. What 3 Words: ///feel.shakes.tent
Getting There	If you are cycling, there is space to lock your bike. By Train or bus, start is about 10min walk from Rhiwbina or Birchgrove Station If you are driving, there is a small car park at the rear of the pub.
Entries	Entries online via Fabian4. Entries only available on the day (online) if there are spare maps. https://www.fabian4.co.uk/default.aspx?EventID=4330&EventNumber=3
Start	7pm Mass Start (Pre Race Briefing 6:50pm) If you are new to the sport and want some initial coaching, please arrive early and someone will be there to show you the basics.
Event format	1 Hour Score Event – 30 Controls, worth 10, 20 or 30 points, try and collect as many as possible in the hour, -10 penalty minutes for every minute over. Under 16s must be accompanied by an adult at all times who will also have to enter the event.
Special Information	The event is held on public highways, please take care crossing roads and give way to other pedestrians. The area includes the A470/Mannor Way, It is marked on the map with a thick solid purple line. It is forbidden to cross this road except for at the marked bridges/underpasses. You may run parallel to it on the pavement on either side. Anyone seen to have crossed at any other point will incur a 100 point penalty. I have booked a table in the Butchers Arms for afterwards - please join for food or a drink - everyone is welcome.
What to Wear	Your usual running gear is fine, high vis plus a headtorch is recommended.. You will mostly be running/walking on tarmac, graded paths, gravel and grass, but it could be muddy, so come prepared.
Cost of Running	SWOC/BO members: Senior £ 5.00 Accompanied under 16s £2 Non-Member Supplement +£2 Senior / £1 under 16s If you want to join SWOC follow the link below stating SWOC as the club you wish to join. https://www.britishorienteering.org.uk/join_online

Results	Results and league positions will be posted on the SWOC website. http://www.SWOC.org.uk
For anyone who has not tried the sport before	The event uses the MapRun App, which you need to download onto your Smartphone or is also available on some smartwatches. MapRun orienteering is a form of virtual orienteering that uses a smartphone app or compatible smartwatch to track your progress and time instead of physical flags and electronic punching units on the course. How It Works ● Virtual Controls: There are no physical posts or markers on the ground. Your device uses its built-in GPS to detect when you reach a control point. ● Audio Alerts: The app or watch will beep or vibrate to let you know when you have successfully "punched" a control location. ● Instant Results: Once you finish, your track and split times upload automatically, allowing you to see your results and compare them with others.
Photography Policy	You are welcome to take photographs or record video at this event, but please respect people's privacy. Photographs may be posted on the internet. If there are particular reasons why an individual should not be photographed, please discuss the issue with the organiser in advance of the event. Report any concerns about inappropriate photography to the event organiser.
Organiser:	Clare Ponsford