

Mynydd Llangorse
3rd January 2027

Start the New Year with a mountain adventure!

Ready to get off the beaten track and explore the wild side of the Brecon Beacons?

Join us for a Mini Mountain Marathon – a chance to put your navigation skills to the test, discover some fantastic mountain terrain and enjoy a proper winter adventure.

Inspired by the spirit of the Original Mountain Marathon (OMM), this is a score-style navigation challenge using the **MapRun app**. Your mission is simple: find as many checkpoints as you can within your chosen time limit, planning your own route and deciding how far your legs and navigation skills will take you!

Choose your adventure:

- **1 Hour Challenge** – a fast-paced mountain adventure. How many checkpoints can you collect?
- **2 Hour Challenge** – more time, more terrain and more opportunities to explore.

Solo adventurers are welcome, but **Pairing up is encouraged** - Team up with a fellow adventurer, share the navigation and tackle the challenge together.

Whether you're preparing for the OMM, looking to sharpen your mountain navigation, or simply fancy kicking off 2027 with a bit of mud, map reading and mountain magic, this event is for you.

Expect fresh air, big views, route choices, a few challenges along the way and the satisfaction of exploring the hills under your own steam.

Adventure awaits!

These are SCORE EVENTS, where strategy, route choice, navigation and fitness all count.

The Challenge:

- 70 Controls are spread across the competition area
- Choose your own route and decide which controls to visit
- Each control is worth a different amount of points
- You have a choice of 2 time limits

    - 2-hour challenge for those wanting the full adventure
    - 1-hour challenge – or a shorter, faster paced challenge

- Visit as many controls as you can within your chosen time
- Plan carefully, navigate wisely and get back before you time expires

The Aim

Collect as many points as possible before your time runs out.

The highest score wins!

But beware – **late returns will incur penalties!**

Organiser:	Kerina Lake - kerinalake@gmail.com
Event Centre:	Llangorse Multi Activity Centre Gilfach Farm, Llangorse What Three Words ///vowed.unframed.diplomas Post Code: LD3 7UH OS Grid Ref: SO 148 268
MapRun:	**How MapRun Works – Important Information** This is a **MapRun event**, so there will be no physical markers, flags or controls on the ground. Instead, your phone or GPS watch will register each control electronically and give you an audible or visual notification when you arrive at the correct location. **There will be no marshals out on the course.** You are responsible for your own navigation and route choices, so good map-reading and navigation skills are essential. If you're not completely confident navigating on your own, we strongly encourage you to team up with a partner. Sharing the challenge makes for a great adventure and gives you the opportunity to support each other along the way. Please make sure you're comfortable using MapRun before setting off and remember that you're responsible for getting yourself safely around the course and back to the finish. A guide on how to install and use MapRun can be found here. There are also Urban MapRun events you can go to in advance to get use to the tech. Check out the Swansea Bay, South Wales or North Gloucestershire Orienteering Club websites for details.
Entries:	British Orienteering Members – Fee per person • Seniors: £6 ~ Students & Juniors: £3 ~ SBOC Juniors £1.50 Non-British Orienteering Members – Fee per person • Seniors: £9 ~ Students & Juniors: £4 All under 16's must be accompanied by an adult. **How to Enter** Entries via Pre-Entries Go Solo or Partner Up and get your entry in and get ready to kick off 2027 with a proper mountain adventure! **Important:** Non-members are not insured under British Orienteering's public liability policy. By entering this event, you acknowledge that you are participating at your own risk.

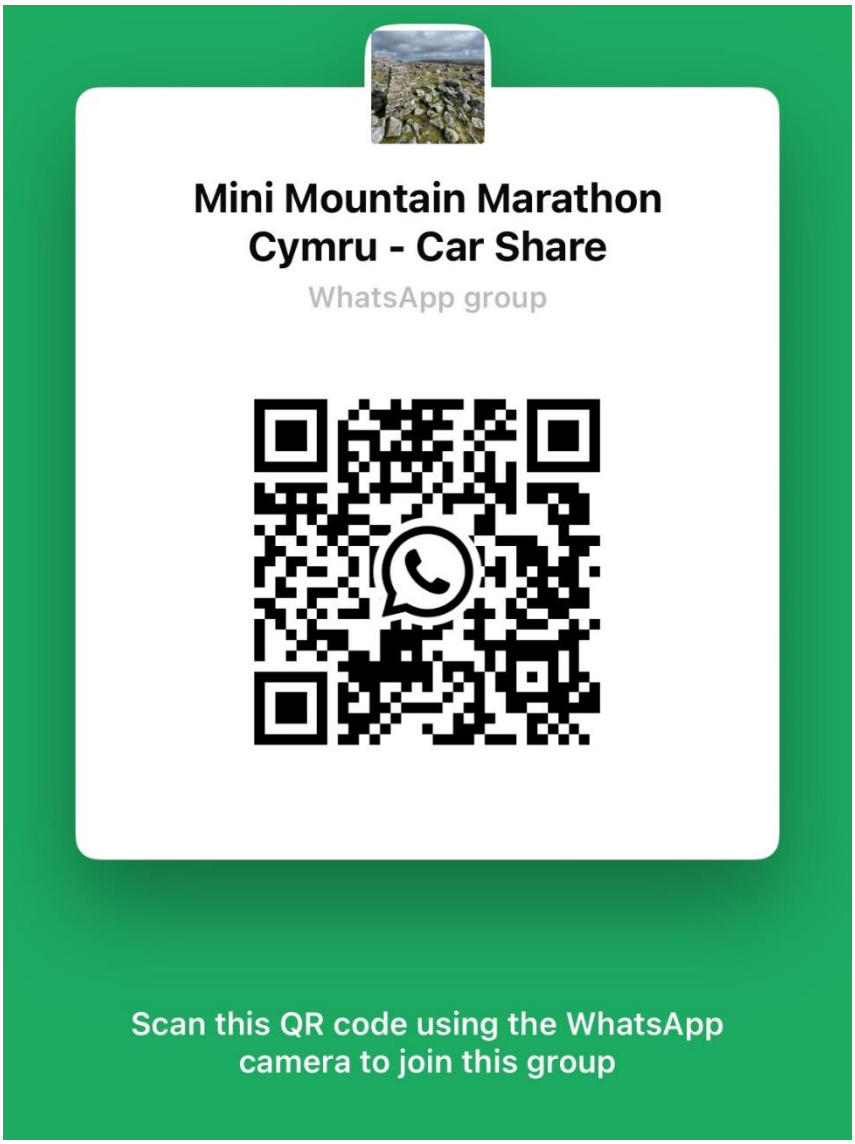
❤️‍🩹 **GIVING SOMETHING BACK**

We're delighted that a percentage of the money raised through this event will be donated to **Brecon Beacons Mountain Rescue Team**, supporting the incredible volunteers who give their time to help people in the mountains and keep our hills safe.

So you'll be enjoying a great day in the mountains while helping to support those who look after them!

Terrain:	Expect classic Welsh mountain terrain! The controls are predominantly across open Welsh fell, with a network of paths and bridleways offering plenty of route choices and opportunities to explore. Some route options may also make use of smaller roads. **Important road safety information:** Busy roads will be clearly marked as out of bounds on the map. You must not run or walk along these roads at any point. They may only be crossed at the designated crossing points marked on the map. Failure to comply with these rules will result in disqualification. Choose your routes carefully, keep your eyes on the map and enjoy the freedom of the open hills!
What To Bring:	This is a winter mountain adventure, so come prepared for whatever the Brecon Beacons weather throws at you! **Compulsory Kit – Kit Check at Registration** All competitors must carry: • Waterproof jacket with hood • Waterproof trousers • Hat or buff • Gloves • Compass • Whistle • Mobile phone (with the MapRun app installed and event downloaded) **Highly Recommended** • An extra warm layer • Water • Snacks / emergency food Maps will be provided, so all you need to bring is your navigation kit, a sense of adventure and a willingness to explore!
Map:	Each competitor will be provided with a map, printed on waterproof paper and featuring an extract of the OS map at a scale of **1:12,500**. **You will need to use the supplied paper map for navigation.** The map displayed within the MapRun app is not suitable for navigating around the course, so please don't rely on your phone as your primary map. However, the MapRun app will have the **'Hint / Where am I?'** feature enabled. This handy feature will show your current location in real time and indicate how far away you are from a control site, helping you to keep track of your progress. The challenge is to use your map-reading and navigation skills to plan your own route and find as many controls as possible within your chosen time limit. MapRun will help you keep score, but the navigation is up to you! Each competitor will also receive a separate set of **control descriptions**, showing what feature each control is on and its points value. This will help you plan your route and decide which controls are worth targeting within your time limit.
Registration & Kit Check:	Registration opens at **9:15am** in the **Beacons Conference Room at Llangorse Multi Activity Centre**. All competitors must register on arrival and have their compulsory kit checked before taking part. Please allow enough time for registration and your kit check so you can get organised and ready for the adventure!

New to Score Events? No Problem!	Not sure about taking on a score event or planning your own route? Don't worry – we've got you covered! We can provide GPX files with suggested **5km and 10km routes** for you to follow, giving you a little more guidance and structure for your mountain adventure. If you'd like to use one of these routes, please come along to registration early so we can help you get the GPX file set up on your phone or GPS watch before the start. You can still enjoy the challenge, explore the hills and get a taste of mountain marathon navigation without having to plan your own route from scratch!
Start & Finish:	Both courses will have a mass start from the campsite next to Llangorse Multi Activity Centre. • **2-Hour Score:** Mass start at 10:00am • **1-Hour Score:** Mass start at 11:00am • **Finish for both courses:** 12:00 noon Make sure you're ready at the start line in plenty of time. Once the clock starts, it's over to you to plan your route, collect those controls and get back to the finish before midday! **Important:** All competitors must finish by 12:00 noon, regardless of which course they enter, and **report to the finish no matter what**! – we don't want to send out a search party only to find you retired and are at home enjoying a cup of tea! An emergency number will be given on the map.
Results & Route Analysis:	Once you've crossed the finish line, don't forget to **upload your results through the MapRun app**. We can help you with this if needed. We'll have a results screen set up in the Beacons Conference Room, where you can see how everyone is getting on and compare scores. You'll also be able to view competitors' routes, see the different route choices people have made and find out who managed to collect the most points!
Facilities & Post-Run Refreshments:	The café inside Llangorse Multi Activity Centre will be open for refreshments, so you can enjoy a well-earned drink and something to eat after your mountain adventure! A couple of requests to help us keep the Activity Centre clean and welcoming: • Please use the **campsite toilets** rather than the toilets inside the Activity Centre. • After your run, please remove all muddy footwear before entering the Activity Centre. Thank you for helping us look after our hosts and their facilities. Now go and earn that post-run cuppa – or book in a cheeky climb!
Parking & Car Sharing:	Parking at Llangorse Multi Activity Centre is limited, so we strongly encourage everyone to **car share, with a minimum of 3 people per car wherever possible**. Please follow the parking signs when you arrive and make sure you observe **ALL speed limits** around the centre. There may be other visitors and activities taking place, so please drive carefully and considerately. If you're looking for somewhere to meet up and fill your car, suggested meeting points include **Brecon, Crickhowell and Talgarth**, all of which have public car parks. We also have a **car-sharing WhatsApp group** available to help you connect with other competitors and arrange lifts. Let's keep the number of cars to a minimum, make the most of the available parking and help everyone get to the start line!



Event cancellation or postponement	For the latest information check www.sboc.org.uk especially in case of forecasted weather warnings. In the case of cancellation or postponement a notice will be put on the website and through the SBOC Facebook group.
Safety Information:	➢ **Risk assessment:** This has been completed but it should be noted that competitors take part at their own risk, and are responsible for their own safety during the event. ➢ **Finish:** Competitors are reminded that they are required to report to the finish once they have started a course, whether or not they have completed the course. ➢ **Roads:** Some route choices will involve using small roads. Please remain alert and be aware of other road users at all times. Keep to the side of the road, take care around bends and remember that traffic may approach from either direction. Your safety is your responsibility, so please take extra care whenever your route takes you onto a road. ➢ **OOB:** The A479 is a busy road and is clearly marked as out of bounds on the map (Purple X's). You must not run or walk along this road at any point. It may only be crossed at the designated crossing points marked on the map. Failure to comply with these rules will result in disqualification. ➢ **Livestock:** The course crosses open farmland and common land where you may encounter cattle, cows and sheep. Please give livestock plenty of space, avoid disturbing them and take particular care around cattle. Do not run directly towards or through groups of animals. If necessary, slow down and find a safe way around them. ➢ **Photographs**: might be taken to promote the sport. Please let the organiser know if you do not wish to be included.

Medical Information:	Any competitor with a high-risk medical condition is invited to complete a form available at the event and hand it in to Registration in a sealed envelope. Envelopes will only be opened if required for a medical emergency, and unopened envelopes can be collected from registration after your run or they will be destroyed immediately after the event.
Personal Information:	Your personal information provided for this event or obtained from registration databases will be used to process your entry, publish results, check for missing runners, used in case of medical emergency.
Additional information:	Dogs allowed provided they are on leads.
Future Events:	13th March 2027 – Gower Additional events in May, July & September if there is demand
Host Club:	Swansea Bay Orienteering Club - www.sboc.org.uk