Welsh Orienteering Association

Senior Home Internationals Selection Policy for Wales 2025

The 2025 Welsh SHI Team is to be comprised of 3 M20s, 3 W20s, 6 senior men (including at least one M35+) and 6 senior women (including at least one W35+). The competition takes place on 26-27th September in North West England and will consist of an individual race and a relay.

The team will be selected based on results achieved at the following races in 2025:

- Welsh Championships (already held - 2nd March, Eryri)
- British Championships Middle distance (already held - 15th March, Crawley)
- Welsh League event at Pen Rhiw Wen (already held - 22nd March, Bannau Brycheiniog)
- JK Day 2&3 Middle & Long races (already held - 19th-20th April, Sheffield)
- British Championships Long distance (already held - 10th May, Lake District).

Unfortunately the upcoming Welsh League events which may have also been included in this Selection Policy have been cancelled. Please note that if you have not been to any of the above events and want to be considered for selection, please note any other recent race form in the availability form.

There is also space in the availability form for noting any recent illness/injury affecting races which you would like to be taken into consideration.

The availability form can be found here: Availability Form

Any athlete eligible to compete for Wales, and willing to travel and compete at this year's Senior Home International should submit the availability form by the end of Sunday 15th June 2025.

Team Organiser & Selector: Megan Mitchell (SBOC)

Eligibility Criteria:

To be eligible to represent Wales in a Home International (HI) a person must be a current British Orienteering member and be:

- Eligible by Birth. Be born in Wales OR
- Eligible by Parentage. Have a parent who was born in Wales OR
- Eligible by Residence. Have established permanent residence in Wales for at least one year (see Notes 1 and 2).

  AND, if M/W18 or younger has not represented another home nation in that calendar year; if M/W20 or older, has not represented any other home nation in a home international in the previous two years (see Notes 3 and 4).*

Notes:
1. Students can achieve eligibility by residence if they can prove a permanent home base in Wales.
2. Established eligibility by residency is voided if another home nation is represented but otherwise endures.
3. The last paragraph* means two fallow years i.e. 2 missed years of Home Internationals (except for M/W18 and below: no fallow years required).
4. Athletes currently competing for a nation other than GBR or Ireland(Eire) are nevertheless eligible provided they meet one of the three listed criteria, AND the fourth criterion.
5. Any orienteers in age categories older than M/W21 may compete as M/W21. There is a new rule for 2025 that one of the 6 runners in each of the Men's and Women's senior categories must be M/W35+. Similarly any orienteers in age categories younger than M/W20 may compete as M/W20.