Swansea Bay Orienteering Club

Health and Safety Policy v 2024

Health and Safety Policy statement:

Swansea Bay Orienteering Club is strongly committed to encouraging our members to take part, but the health, well-being and safety of each individual is always our paramount concern.

Health and Safety Policy:

To support our Health and Safety policy statement we are committed to the following duties:

- Undertake regular, recorded risk assessment of events and activities undertaken by the club.
- Ensure putting health and safety measures in place as identified by the assessment.
- Ensure that all members are given the appropriate level of training and competition by regularly assessing individual ability dependant on age, maturity and development.
- Ensure that all members are aware of, understand and follow the club's health and safety policy.
- Appoint a competent club member to assist with health and safety responsibilities.
- Ensure that normal operating procedures and emergency operating procedures are in place and known by all members.
- Provide access to adequate first aid facilities, telephone and qualified first aider during events and activities.
- Report any injuries or accidents sustained during any club activity
- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.

All club members have a duty to:

- Take reasonable care for your own health and safety and that of others who may be affected by what you do or not do.
- Co-operate with the club on health and safety issues.
- Not interfere with or misuse anything provided for your health, safety or welfare.

Signed on behalf of the committee: ..... 9 December 2024