Swansea Bay
Orienteering Club

SBOC Summer League 10

Location: Oxwich Burrows

Wednesday 16th July

EVENT DETAILS			
Location:	OS Grid Ref SS501865, Postcode: SA3 1LS, w3w:///resolves.twisty.funny		
Travel directions:	Oxwich Bay car park Parking charges will apply of approx. £6. Cash or card is accepted.		
Terrain:	Open / rough open sand dunes. Big path and fence network		
Map:	A4. 1:7500. 2.5m contours. Surveyed and drawn 2016, version 2024		
Course: **(Subject to final planning)**	**Course**	**Distance (km)**	**Climb (m)**
	Yellow	1.4	10
	Orange	2.4	10
	Light Green	3.3	30
	Green	4.0	50
Entry:	Pre-entry via https://pre-entries.co.uk Standard Entries Close: Monday 14th July Late Entries Close: Tuesday 15th July Limited entry on the day is available		
Starts:	5:30pm – 6:30pm. Courses close 7:30pm		
Entry Fees:	Seniors: British Orienteering members £6.00. Non-members: £9.00 Juniors / Students £3.00 SBOC Juniors £1.50		
Organiser:	Megan Symons 07590275983 megan_symons@hotmail.co.uk		

Safety Information:	A risk assessment has been completed but it should be noted that competitors take part at their own risk, and are responsible for their own safety during the event. Competitors are reminded that they are required to report to the finish and/or download once they have started a course, whether or not they have completed the course. Photographs might be taken to promote the sport. Please let the organiser know if you do not wish to be included. Competitors participate at their own risk. Competitors are advised to check for ticks after their run. Adders are known to be present in the dunes. Safety Bearing: Head South to the Beach Livestock: There may be livestock, including horses, in the area.
Medical Information:	Any competitor with a high-risk medical condition is invited to contact the organiser beforehand and provide information in a sealed envelope at registration. Envelopes will only be opened if required for a medical emergency, and unopened envelopes can be collected from registration after your run or they will be destroyed immediately after the event.
Additional information:	All competitors are expected to adhere to the Welsh Orienteering Code of Conduct that can be found here. Dogs are allowed on leads.
Personal Information:	Your personal information provided for this event or obtained from registration databases will be used to process your entry, publish results, check for missing runners, used in case of medical emergency and to trace missing SI cards.
Event cancellation or postponement	For the latest information check www.sboc.org.uk especially in case of forecasted weather warnings. In the case of cancellation or postponement a notice will be put on the website and through the SBOC Facebook group.