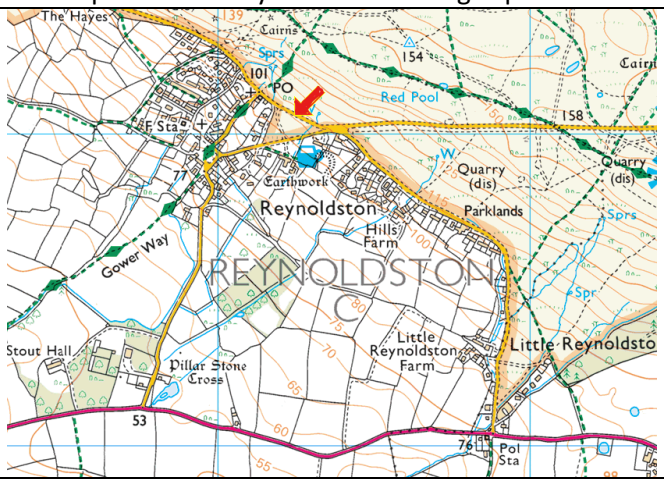
Swansea Bay
Orienteering Club
www.sboc.org.uk

SBOC Local Event - SUMMER LEAGUE 2

Cefn Bryn (West) – 7 May 2025

EVENT DETAILS

Parking Location:	OS Grid Ref **SS482900** (nearest postcode SA3 1AD) - **///enforced.grad.reverted** On the grass verge adjacent to the road, on the north edge of the open grass area (opposite side from the King Arthur Hotel, Reynoldston, SA3 1AD). **Please take care with cars using this road.** Please park efficiently to ensure enough space for all competitors.
Travel directions:	 From Swansea, typically follow the A4118 and turn off when directed for the village of Reynoldston. There are several roads into the village and parking is next to large Green area opposite the King Arthur Hotel (parking on the grass verge of the road on the North side).
Terrain:	Open hillside. Some fast runnable grassland, but also thicker tussock patches. Repeated annual burning on the land means that the large areas of gorse are at all different heights and thicknesses, which is difficult to map accurately.
Map:	1:10,000 (may be printed at 1:7,500). 5m contours. Maps will be pre-printed, A4, on waterproof paper. Main surveys were in 2008 and 2015 (aligned to Magnetic North in 2018), but there have been many partial updates to take in the changes to vegetation and paths.

Course:
(Subject to final planning)

Course & Technical Difficulty (TD scale of 1 - 5)	**Distance (km)**	**Climb (m)**
Yellow (TD 2)	2.3 km	70m
Orange (TD 3)	3 km	70m
Light Green (TD 4)	3.3 km	90m
Green (TD 5)	4.4 km	110m

Entries & Registration:	Members, non-members and newcomers are welcome. Entries are made using the Pre-Entries system via the SBOC website https://sboc.org.uk/events or directly through https://pre-entries.co.uk SI (electronic punching) will be used – SI cards available to hire at registration
Starts:	Start times from 17.30 - 18.45. Courses close at 20.00 Registration is adjacent to the Parking, with Start and Finish close by.
Entry Fees:	Standard entries close at 11.59pm Sunday, 4 May 2025 Seniors: SBOC and British Orienteering members £6.00. Non-members: £9.00 Juniors / Students £3.00 Non-member Juniors £4.00 SBOC Juniors – £1.50 Late Entries close at 11.59pm on Tue. 6 May 2025 and will be subject to a £2 late entry fee. Entry on the Day will be subject to map availability and will incur a £2 surcharge.
Organiser / Planner:	Roger Stein. -- rogerstein@btinternet.com -- tel. (01792) 371450 / 07777632222

Safety Information:	A risk assessment has been completed but it should be noted that competitors take part at their own risk, and are responsible for their own safety during the event. Competitors are reminded that they are required to report to the finish and/or download once they have started a course, whether or not they have completed the course. **The Start and Finish are about 100-200m from the Parking area; but are accessed across a road. Please take special care crossing the roads, especially at the junction. (Juniors should be accompanied to the Start by an adult.)**
Medical Information:	Any competitor with a high-risk medical condition is invited to complete a form available at the event and hand it in to Registration in a sealed envelope. Envelopes will only be opened if required for a medical emergency, and unopened envelopes can be collected from registration after your run or they will be destroyed immediately after the event.
Additional information:	**Dogs** are allowed on the competition area; however, **please all be aware that the area is Common Land and there are sheep, horses and cows freely roaming in the area.** The area is also used by walkers and runners, dog-walkers and horse-riders – please be considerate of other users. The registration area is next to a public road and dogs should be kept under strict control.
Personal Information:	Your personal information provided for this event or obtained from registration databases and will be used to process your entry, publish results, check for missing runners, used in case of medical emergency and to trace missing SI cards.
Event cancellation or postponement	For the latest information check www.sboc.org.uk especially in case of forecasted weather warnings. In the case of cancellation or postponement a notice will be put on the website and through the SBOC Facebook group.