Swansea Bay Orienteering Club

SBOC Summer League 1

Briton Ferry Woods

Wednesday 1st May 2024

EVENT DETAILS

Location:	OS Grid Ref SS748949, Post Code SA11 2TT Parking at the end of Ynysymaerdy Road, Briton Ferry, Neath The car park is small so expect to park on the street around the cemetery.
Travel directions:	From The West: Cross the old Briton Ferry Bridge. Turn left at the roundabout onto Neath Rd (A474). Follow for approx half a mile and then turn right at traffic lights into Ynysmaerdy Road keeping to the right. Continue past the cemetery to the Forestry car park at the end of the road. From the East: Exit the M4 at Jct 41 and at the roundabout take the A48 towards Briton Ferry. At the following roundabout take Neath Road (A474) as above
Terrain:	Steep sloping hill with a mix of ancient woodland and younger trees crisscrossed by a network of footpaths. The area features many small crags and platforms. At this time of the year the visibility/runnability in many parts of the forest drops substantially due to young Beech saplings filling with leaves just over head height! Courses have been planned to avoid these parts but be prepared to see an abundance of vegetation which is not necessarily mapped.
Map:	A4. 1:7500. 5m Contours. New LiDAR Map surveyed March 2021 Maps will be pre-marked

Course: (Subject to final planning)

Course & difficulty level	Distance (km)	Climb (m)
Yellow - Easy	1.2	50
Orange –Medium	2km	100m
Lt Green - Medium	2.4km	160m
Green – Hard	3km	220m

Entries:	Entries for members and non- members is via https://pre-entries.co.uk Newcomers can hire SI cards through this.
Registration and Starts:	Registration from: Starts from 17.30 to 18.30 Courses close at 20.00
Entry Fees:	Seniors: British Orienteering members £6.00. Non-members: £9.00 Juniors / Students £3.00 SBOC Juniors – Free All payments to be made at the event using contactless card system.
Organiser:	Margaret Reynolds, tel 07814527342 , email mn.reynolds@outlook.com

Safety Information:	• A risk assessment has been completed but it should be noted that competitors take part at their own risk, and are responsible for their own safety during the event. • The slopes are very steep and slippery so shoes with good grip are advised. • Competitors are reminded that they are required to report to the finish and/or download once they have started a course, whether or not they have completed the course. • Photographs might be taken to promote the sport. Please let the organiser know if you do not wish to be included.
Medical Information:	Any competitor with a high-risk medical condition is invited to contact the organiser beforehand and provide information in a sealed envelope at registration. Envelopes will only be opened if required for a medical emergency, and unopened envelopes can be collected from registration after your run or they will be destroyed immediately after the event.
Additional information:	*Dogs are allowed.*
Personal Information:	Your personal information provided for this event or obtained from registration databases will be used to process your entry, publish results, check for missing runners, used in case of medical emergency and to trace missing SI cards.
Event cancellation or postponement	For the latest information check www.sboc.org.uk especially in case of forecasted weather warnings. In the case of cancellation or postponement a notice will be put on the website and through the SBOC Facebook group.

www.sboc.org.uk