

Mastering Public Speaking Skills

with Diane Darling

Mastering Public Speaking Skills

Research says that more people would rather be in the coffin than giving the eulogy. Public speaking is Warren Buffett's #1 skill for professional success.
Whether you are giving a speech or asking a question in a meeting, public speaking is at the core of your ability to do your job. There are two aspects – content and delivery. Knowing what to say is part of it – saying it well makes it memorable and is more often when things go wrong.
It is normal to feel nervous and/or anxious. It is detrimental if that fear is paralyzing.
In this program, you'll learn how to embrace your nerves, find ways to move up the public speaking ladder, and gain confidence.

.

Key takeaways include:

- Ways to embrace natural nervous and speak up
- Places to practice public speaking within your industry and outside
- What makes a good speech and how to deliver one
- PowerPoint, handouts and other materials – when to use them or avoid them
- Top mistakes speakers make and how to avoid them
- Dealing with the biggest competitor in today's audiences – the mobile phone
- Tips to deal with Q&A

